



Monkey Puzzle Ware

Weekly Newsletter

Edition: 28

Date: 24 August 2018

Important Dates

School Holidays

Monday, 30 April to
Friday, 31 August 2018

Mystery Reader

Monday-Friday from
11:20-11:30 please speak
to your respective rooms
to book yourselves in.

Curriculum Evening / Parent Matter

Thursday, 6 September
2018
6:00 pm to 6:30 pm

& Once Upon A Time (Early Reading)

Thursday, 6 September
2018
6:30 pm to 7:30 pm

Dear Parents

Just to remind as we are plodding into September the weather seems to be gradually taking a turn. Hopefully we don't have to bid farewell too soon to the Sun, never the less the forecasts have to be watched and our nursery friends must continue to enjoy their outdoors. So please can we ask you to ensure that when you are packing their bags they have their coats and waterproof shoes.




Thank you

Monkey Puzzle Management Team

PARENT CHALLENGE WINNER FOR August: Jacqui Clark

Weekly Winner
Claire Starbuck

Dr On Board....

		
Dr Rachakonda Consultant Paediatrician	Dr Gali Dentist	Dr Burugapalli Gynaecologist

Tonsillitis can feel like a bad cold or flu. The tonsils at the back of your throat will be red and swollen.

The main symptoms in children and adults are:

- a sore throat
- difficulty swallowing
- hoarse or no voice
- a high temperature of 38C or above
- coughing
- headache
- feeling sick
- earache
- feeling tired

Sometimes the symptoms can be more severe and include:
swollen painful glands in your neck – feels like a lump on the side of your neck

- white pus-filled spots on your tonsils at the back of your throat
- bad breath

NHS IMMUNISATION SCHEDULE FOR UNDER 2's

8 weeks

6-in-1 vaccine, given as a single jab containing vaccines to protect against six separate diseases: diphtheria; tetanus; whooping cough (pertussis); polio; Haemophilus influenzae type b, known as Hib, a bacterial infection that can cause severe pneumonia or meningitis in young children; and hepatitis B
Pneumococcal (PCV) vaccine
Rotavirus vaccine
MenB vaccine

12 weeks

6-in-1 vaccine, second dose
Rotavirus vaccine, second dose

16 weeks

6-in-1 vaccine, third dose
Pneumococcal (PCV) vaccine, second dose
MenB vaccine second dose

1 year

Hib/MenC vaccine, given as a single jab containing vaccines against meningitis C (first dose) and Hib (fourth dose)
Measles, mumps and rubella (MMR) vaccine, given as a single jab
Pneumococcal (PCV) vaccine, third dose
MenB vaccine, third dose

2 to 8 years (including children in reception class and school years 1 to 4)

3 years and 4 months

Measles, mumps and rubella (MMR) vaccine, second dose
4-in-1 pre-school booster, given as a single jab containing vaccines against: diphtheria, tetanus, whooping cough (pertussis) and polio

Mel's Kitchen ...



Hello lovely parents,

I am Mel, and I enjoy making yummy scrumptious meals for your little cherubs... I hope you like my menu for next week, but if you do have some suggestions or recipes you would like to add do let me know 😊

Week 4	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal + Toast Fruit selection Gluten, Dairy	Cereal + Toast Fruit selection Gluten, Dairy	Cereal + Toast Fruit selection Gluten, Dairy	Cereal + Toast Fruit selection Gluten, Dairy	Cereal + Toast Fruit selection Gluten, Dairy
AM Snack	Breadsticks + Dip Gluten, Dairy	Cheese + Crackers Gluten, Dairy	Pitta Bread + Hummus Gluten	Cheddar Biscuits Gluten, Dairy	Fruit Loaf + Butter Gluten, Dairy
Lunch	Lamb + Apricot Burgers Fruit Salad	Chilli Con Carne + Rice Yoghurt Dairy	Chicken Casserole + Crusty Bread Courgette + Raisin Muffins Gluten, Dairy	Sausage + Tomato Pasta Yoghurt Gluten, Dairy	Lemon Chicken + Cous <u>Cous</u> Oat Cookies Gluten, Dairy
PM Snack	Fruit selection	Fruit selection	Fruit selection	Fruit selection	Fruit selection
Tea	Sausage Rolls + Salad Chocolate Sponge Gluten, Dairy	Mixed Sandwiches + Salad Shortbread Gluten, Dairy	Ham + Cheese Wraps Yoghurt and Berry Compote Gluten, Dairy	Chicken Pittas + Salad Trio of Melons Gluten, Dairy	Cheesy Muffins + Salad Yoghurt Gluten, Dairy

NOTE: Children with special dietary needs are catered completely and all allergens are swapped. Dairy and gluten are swapped for non-dairy and non-gluten alternatives, including fruits such as bananas and strawberries. Room staff and Chef have full allergy list and is shared daily between the room and kitchen

What's On babies...

This week...

The babies have been looking at nursery rhymes. The children have been filling and emptying tea pots and cuts with cold tea, banging pots and pans with wooden spoons and singing lots of nursery rhymes such as Polly put the kettle on.



Our theme next week will be...

Shapes

Next week the babies will be looking at shapes. The children will be building towers using different sized wooden blocks, sponge printing with different colours and shapes to create their own work of art. In the garden the children will be also climbing and jumping off the soft bricks.



Our song of the week will be...

I had a tiny turtle

Our baby sign of the week will be... Star



Things you can do with me at home...

- Look at shape books at home such as my first shapes
- To build towers at home

What's On toddlers...

This week...

This week in Toddlers the children have been exploring space. The toddlers have made alien masks, made space ships out of cd's and got very messy in alien gloop.



Our theme next week will be...

Exploring food

Next week the toddlers will be exploring food. The children will be making orange water play by squeezing oranges, exploring paint using veg, making a fruit salad and watering potatoes in the garden.



Our song of the week will be...

Small potatoes



Our story of the week will be...

Handa's surprise

What's On Preschool...

This week...

This week in Pre-School the children have been looking at transport. The pre-schools have been making paper boats and decorating them, exploring floating and sinking in different coloured water play and making their own transport out of junk modelling.



Our theme next week will be...

Exploring food

Next week the pre school children will be looking at different food. They will be rolling fruit and measuring how far they roll, drawing faces on potatoes, role play super market and joining in with an egg and spoon race.



Our song of the week will be...





Silly soup



Our story of the week will be...

Ginger breadman

Nursery Team Board...

MANAGEMENT TEAM	
	<p>Swati Naidu Nursery Manager / Director Safeguarding Officer SENCO Data Protection Officer</p>
	<p>Amy Smith Assistant Manager / Baby Room Leader (Temporary) Deputy Safeguarding Officer</p>
	<p>Lucy Eaton Deputy Manager – Early Years First Aid Officer</p>
	<p>Heather Endsor Third In charge / Preschool & Toddler Room Leader Nursery Fire Marshall</p>

Baby Room Staff



Amy Smith
Room Leader (Temporary)



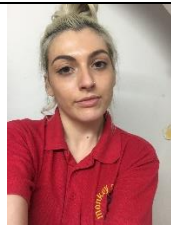
Ashley Rivet-Vitry
Assistant Room Leader (Trainee)



Charlotte Leonard
Room Practitioner



Mary Hardy
Room Practitioner



Kristina D'adamo
Room Practitioner



Elaine Lee
Room Practitioner



Tina Pullen
Lunch Cover

Toddler Room Staff



Heather
Room Leader



Helen Marwick
Assistant Room Leader



Eloise Ambler
Room Practitioner



Matthew Lee
Room Practitioner



Stacey Cockman
Toddler Room Support



James Upton
Toddler / Preschool
Room support







Chloe Cockman
Toddler Room Support



Emma Maslanka
Toddler Room Support



Amanda
Lunch Cover

Preschool Room			
			
Heather Endors Room Leader	Claire Waters Assistant Room Leader	Lewis Hill Room Practitioner	Marisa Lunch Cover

Nursery Support Staff

			
Stacey Cockman Toddler Room Support	James Upton Toddler / Preschool Room support	Chloe Cockman Toddler Room Support	Emma Maslanka Toddler Room Support

Please note sometimes to meet our ratio requirements, you might find that some of our support staff are deployed in rooms other than they are generally been appointed for. This happens under circumstances such as covering sickness or holidays.

The nursery always is legally required to be in ratio and we would prefer staff known to children covering the ratio, rather than having to always depend on external agencies. Our support staff and our lunch covers play a vital role in achieving this degree of continuity of care for our children.

Room Ratio's:

Under 2's – For every 3 babies, there is one member of staff team (1:3)

2's to Under 3's – For every 4 toddlers, there is one member of staff team (1:4)

Over 3's – For every 8 Pre-schoolers, there is one member of staff team (1:8)

If ever you have any doubt or any aspect relating to our staffing matters, please feel free to contact Swati on 07859919519.

Parents Challenge....

We will be challenging our parents each week and there will be a 'winner', 'first runner up' and 'second runner up'. The winner will then qualify for our end of the month lucky dip and whoever gets picked in the lucky dip will get 10% off on their next invoice 😊

Please note for the challenge to be complete you MUST answer all questions and in case of a tie, the last question will be deciding factor. Best answer will also be published in next week's bulletin 😊

You can reply back to these questions by emailing to harsha@monkeypuzzleware.co.uk

<p><u>This Weeks Quiz:</u></p> <ol style="list-style-type: none">1. What is the required room temperature in a sleep room?2. When can a baby be placed in another position other than their back?3. If a child is under 6 months old what is the requisite for special sleep position?4. How has this policy helped you?	<p><u>How are parents benefitted from last week's challenge?</u></p> <p><i>This policy assures me that should things get heated, my daughter won't be affected as steps will be taken to remove the incident from the children's area.</i></p>
<p><u>Answers to last week questions:</u></p> <ol style="list-style-type: none">1. What form is completed? – Incident form2. What steps will staff follow? - Staff will direct the parent away from the children, ensure there are 2 staff members present and act calmly & professionally. They will ask the parent to calm down and then listen to their concerns.3. Who will intervene if the dispute is between two parents? – Management Team	

Attachment 1

DAYTIME REST & SLEEP POLICY

Aim

Monkey Puzzle Day Nursery operates a safe rest and sleep policy through our active partnership with parents and by raising awareness of Sudden Infant Death Syndrome (SIDS). Throughout the day children will be given the opportunity to rest and sleep appropriate to their age/stage of development and their individual needs.

Parents as Partners:

- Introduce and discuss the sleep policy to all parents when they join the nursery
- Gather information on the child's sleep patterns at home and how they sleep
- We advise parents that the nursery follows the 'Back to Sleep' position
- If parents insist that a baby sleeps on its stomach or side and they are under 6 months old, supporting evidence is required from a Doctor that specifies the sleeping position
- For children over 6 months we will ask the parents to put their request in writing requesting we carry out a different sleeping position to that which is advised
- Ensure that all parents of babies cared for in the nursery receive a written copy of our rest and sleep policy.

An appropriate environment will be provided to encourage children to settle to sleep such as:

- Staff should be aware of individual needs of babies and children at the nursery. Sleep routines are a very intimate part of a baby's day. Babies should not be left to cry themselves to sleep or be left for long periods to 'drop off' to sleep
- A thermometer to check the room temperatures should be available at all times. Temperatures are recorded daily and monitored throughout the day to ensure that the temperature remains between 18-20C
- Light bedding (blankets) will be used and babies will be appropriately dressed to avoid overheating
- Safety approved cots are compliant with British Standard regulations, and mattress covers are used in conjunction with a fitted sheet
- Every baby will be provided with clean bedding which will be washed at least weekly or when necessary
- Toys and stuffed animals will not be placed in the child's cot
- Babies may **not** sleep in a nesting ring, car seat, pushchairs, bouncy chair or bean bag
- Should a baby fall asleep while being nursed by a practitioner they will be transferred to a safe sleeping surface to complete their rest
- We have a no smoking policy in compliance with government legislation and staff members who smoke will ensure that their clothes and breath do not smell of smoke whilst at work so that babies do not experience the unpleasant odour

Staff will help children to settle to sleep by:

- All under 3's nursery practitioners and support workers will receive an in-house induction
- Babies will always be placed on their backs to sleep unless there is a signed sleep position medical waiver on file. A copy of the waiver will be placed on the baby's cot. If the child is under 6 months of age, this waiver must be signed by the child's doctor; a parent's signature is accepted for children over the age of 6 months
- Babies will be placed with feet closest to the bottom of the cot, and blankets (if used) placed across the torso and tucked in at the foot and sides, to minimise the risk of overheating during sleep

- Babies are placed on their backs to sleep, but when babies can easily turn over from the back to the stomach, they can be allowed to adopt whatever position they prefer to sleep
- Babies will never be put down to sleep with a bottle to self-feed
- Babies will be monitored visually when sleeping; checks are recorded every 10 minutes on the sleep chart. In addition there is a mobile sleep monitoring system that is switched on and audible from the main day room
- When monitoring the staff member will look for the rise and fall of the chest, and if the sleep position has changed

Older Children

Children need sleep and rest periods to help development. Children all develop at different rates and we must meet their needs throughout the day at the nursery. As they grow, they will usually develop a routine which reduces the length or frequency of their daytime sleeps.

Children at Monkey Puzzle Day Nursery have the opportunity to rest or sleep if they want to throughout the day. The staff need to create an environment for the children to rest or sleep i.e. a quiet area to cuddle a toy, read a book or lay down to nap. Sleep mats are provided for older children to sleep on.

Children will be monitored every 10 minutes and recorded on a sleep chart. When monitoring, the staff member will look for the rise and fall of the chest, and if the sleep position has changed.

Parents' requests should be taken into consideration, although staff cannot force a child to sleep, wake or keep a child awake against their will.