



Monkey Puzzle Ware

Weekly Newsletter

Edition: 22

Date: 15 July 2018

Important Dates

Curriculum Evening & Parent Partnership meeting

Thursday, 19 July 2018
7:00 pm onwards

Baby Massage

Saturday, 21 July 2018
10:00 to 11:00 am

Baby Parents Evening

Monday, 23 July 2018
6:00 pm to 8:00 Pm

Toddler / Preschool Parents Evening

Tuesday, 24 July 2018
6:00 pm to 8:00 Pm

Dear Parents




What a wonderful Carnival it was and we would like to extend our special thanks to Verity (parent) for organising and orchestrating the whole event on behalf of the nursery team. We also would like to thank all our parents and our little friends for the huge support and making this such a fun and enjoyable event.



PARENT CHALLENGE WINNER

Winner
Lindsey Davis

Dr On Board....

		
Dr Rachakonda Consultant Paediatrician	Dr Gali Dentist	Dr Burugapalli Gynaecologist

Food Scanner App! – A new thing

As a general guideline, fats should make up less than 30% of the calories in your child's diet, with no more than about one-third or fewer of those fat calories coming from saturated fat and the remainder from unsaturated (*polyunsaturated or monounsaturated*) fats, which are liquid at room temperature and include vegetable oils like corn, safflower, sunflower, soybean, and olive. Some parents find the information about various types of fat confusing. In general, oils and fats derived from animal origin are saturated. The simplest place to start is merely to reduce the amount of fatty foods of all types in your family's diet.

Table salt, or sodium chloride, may improve the taste of certain foods. However, researchers have found a relationship between dietary salt and high blood pressure in some individuals and population groups. High blood pressure afflicts about 25% of adult Americans and contributes to heart attacks and strokes.

Sugars in foods, whether natural or added, provide calories—the fuel that supplies energy necessary for daily activities. And if given the choice, many children would probably request sugary foods and beverages for breakfast, lunch, and dinner—research shows that humans are naturally drawn to sweet tastes.

The Change4Life Food scanner app is designed to show quickly and easily how much sugar, sat fat and salt is inside your food and drink – just by scanning the barcode.

<https://www.nhs.uk/Tools/Pages/food-scanner-app.aspx?Tag=Child+health>

NHS

IMMUNISATION SCHEDULE FOR UNDER 2's

8 weeks

6-in-1 vaccine, given as a single jab containing vaccines to protect against six separate diseases: diphtheria; tetanus; whooping cough (pertussis); polio; Haemophilus influenzae type b, known as Hib, a bacterial infection that can cause severe pneumonia or meningitis in young children; and hepatitis B
Pneumococcal (PCV) vaccine
Rotavirus vaccine
MenB vaccine

12 weeks

6-in-1 vaccine, second dose
Rotavirus vaccine, second dose

16 weeks

6-in-1 vaccine, third dose
Pneumococcal (PCV) vaccine, second dose
MenB vaccine second dose

1 year

Hib/MenC vaccine, given as a single jab containing vaccines against meningitis C (first dose) and Hib (fourth dose)
Measles, mumps and rubella (MMR) vaccine, given as a single jab
Pneumococcal (PCV) vaccine, third dose
MenB vaccine, third dose

2 to 8 years (including children in reception class and school years 1 to 4)

3 years and 4 months

Measles, mumps and rubella (MMR) vaccine, second dose
4-in-1 pre-school booster, given as a single jab containing vaccines against: diphtheria, tetanus, whooping cough (pertussis) and polio

What's On babies ...

This week... The babies have been looking at different jungle animals such as monkeys. The children have been making hand and foot print monkeys and parrots. As well as tropical fruit tasting and lemon and orange printing.



Our theme next week will be...

Senses

Next week the babies are looking at our Senses. The babies will be filling and emptying containers using rice. Exploring paint using their hands and feet. The babies will also be trying more different fruit due to the children really enjoying the

Our song of the week will be...

Put your finger on your nose

Our baby sign of the week will be... Eat



Things to do with me at home...

- Giving plenty of waterplay opportunity and helping them filling and emptying containers with their favourite fruits and signing Eat.

What's On ...

This week...

The children have been looking at under the sea and have been melting ice cubes to find sea animals, making mark in blue gloop and playing the fishing games using fishing rods and fish.



Our theme next week will be...

The Jungle

Next week the children will be looking at the jungle. The children will be making different animal prints such as, zebra and giraffes. As well as this the children will be exploring a homemade jungle area which will be made from leaves, mud and other outdoor object. Not forgetting making different coloured play-dough to make snakes.

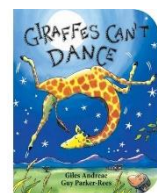
Our song of the week will be...
walking though the jungle

Our book of the week...

Skipping with a snake

Things you can do with me at home...

- Read books about the jungle such as Giraffes can't dance
- Look at different sounds jungle animal make



What's On ...

This week...

Pre-school have been looking at are looking at under the sea. they have been finding letters in water, making a fish number lines and measuring seaweed



Our theme next week will be...

Solar system

Next week in Preschool the children will be looking at the solar system. They will be looking at the order the planets go in and making ice cream commits. They will be also making their own planets using paper plates.

Our song of the week will be...

Twinkle little star

Our story of the week will be...

Our solar system

Things to do with me at home...

- To look at the sky and talk about what you can see
- To talk about the names of the different planets

Mel's Kitchen ...







Hello lovely parents,

I am Mel, and I enjoy making yummy scrumptious meals for your little cherubs... I hope you like my menu for next week, but if you do have some suggestions or recipes you would like to add do let me know 😊

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal + Toast Fruit selection <i>Gluten, Dairy</i>	Cereal + Toast Fruit selection <i>Gluten, Dairy</i>	Cereal + Toast Fruit selection <i>Gluten, Dairy</i>	Cereal + Toast Fruit selection <i>Gluten, Dairy</i>	Cereal + Toast Fruit selection <i>Gluten, Dairy</i>
AM Snack	Breadsticks + Dip <i>Gluten, Dairy</i>	Cheese + crackers <i>Gluten, Dairy</i>	Pitta Bread + Hummus <i>Gluten</i>	Cheddar Biscuits <i>Gluten, Dairy</i>	Fruit Loaf + Butter <i>Gluten, Dairy</i>
Lunch	Macaroni cheese + salad Chocolate Krispy Cake <i>Gluten, Dairy</i>	Cottage Pie + Peas Fruit salad <i>Dairy</i>	Fish fingers vegetable stir fry Apple Cinnamon Sponge <i>Gluten, Dairy</i>	Sweet + Sour Chicken and Rice Yoghurt <i>Gluten, Dairy</i>	Spaghetti + Meatballs Blueberry Muffins <i>Gluten, Dairy</i>
PM Snack	Fruit selection	Fruit selection	Fruit selection	Fruit selection	Fruit selection
Tea	Beans on Wholemeal Toast Yoghurt <i>Gluten, Dairy</i>	Bagels with Cream Cheese Shortbread <i>Gluten, Dairy</i>	Assorted Sandwiches + Salad Yoghurt <i>Gluten, Dairy</i>	Cheese + Ham Wraps Strawberries + Ice Cream <i>Gluten, Dairy</i>	Tuna Parcels + Salad Yoghurt + Berry Compote <i>Gluten, Dairy, Fish</i>

NOTE: Children with special dietary needs are catered completely and all allergens are swapped. Dairy and gluten are swapped for non-dairy and non-gluten alternatives, including fruits such as bananas and strawberries. Room staff and Chef have full allergy list and is shared daily between the room and kitchen

Nursery Team Board...

MANAGEMENT TEAM	
	<p>Swati Naidu Nursery Manager / Director Safeguarding Officer SENCO Data Protection Officer</p>
	<p>Amy Smith Assistant Manager / Baby Room Leader (Temporary) Deputy Safeguarding Officer</p>
	<p>Lucy Eaton Deputy Manager – Early Years First Aid Officer</p>
	<p>Heather Endsor Third In charge / Preschool & Toddler Room Leader Nursery Fire Marshall</p>

Baby Room Staff



Amy Smith
Room Leader (Temporary)



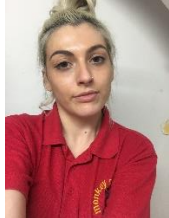
Ashley Rivet-Vitry
Assistant Room Leader (Trainee)



Charlotte Leonard
Room Practitioner



Mary Hardy
Room Practitioner



Kristina D'adamo
Room Practitioner



Elaine Lee
Room Practitioner



Tina Pullen
Lunch Cover

Toddler Room Staff



Heather
Room Leader



Helen Marwick
Assistant Room Leader



Eloise Ambler
Room Practitioner



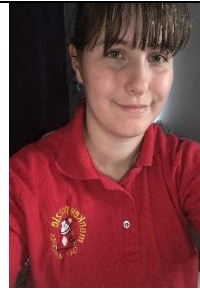
Matthew Lee
Room Practitioner



Stacey Cockman
Toddler Room Support



James Upton
Toddler / Preschool
Room support







Chloe Cockman
Toddler Room Support



Emma Maslanka
Toddler Room Support



Amanda
Lunch Cover

Preschool Room			
			
Heather Endsor Room Leader	Claire Waters Assistant Room Leader	Lewis Hill Room Practitioner	Marisa Lunch Cover

Nursery Support Staff

			
Stacey Cockman Toddler Room Support	James Upton Toddler / Preschool Room support	Chloe Cockman Toddler Room Support	Emma Maslanka Toddler Room Support

Please note sometimes to meet our ratio requirements, you might find that some of our support staff are deployed in rooms other than they are generally been appointed for. This happens under circumstances such as covering sickness or holidays.

The nursery always is legally required to be in ratio and we would prefer staff known to children covering the ratio, rather than having to always depend on external agencies. Our support staff and our lunch covers play a vital role in achieving this degree of continuity of care for our children.

Room Ratio's:

Under 2's – For every 3 babies, there is one member of staff team (1:3)

2's to Under 3's – For every 4 toddlers, there is one member of staff team (1:4)

Over 3's – For every 8 Pre-schoolers, there is one member of staff team (1:8)

If ever you have any doubt or any aspect relating to our staffing matters, please feel free to contact Swati on 07859919519.

Parents Challenge....

We will be challenging our parents each week and there will be a 'winner', 'first runner up' and 'second runner up'. The winner will then qualify for our end of the month lucky dip and whoever gets picked in the lucky dip will get 10% off on their next invoice 😊

Please note for the challenge to be complete you MUST answer all questions and in case of a tie, the last question will be deciding factor. Best answer will also be published in next week's bulletin 😊

You can reply back to these questions by emailing to harsha@monkeypuzzleware.co.uk

<p><u>This Weeks Quiz:</u></p> <ol style="list-style-type: none">1. Who does the lone working policy protect?2. What is that one important thing every staff member must do if they are in a situation when they need to be by themselves in the room.3. How has this policy helped you?	<p><u>How are parents benefitted from last week's challenge?</u></p> <p><i>This policy has made me happy! I am a parent whose pet hate is to see children's gender used to determine what clothes they wear, and what toys they play with. I'm delighted to see that Monkey Puzzle promote non-stereotypical images with the use of toys, books and imaginary play, all play and learning experiences promote images of both boys and girls and that all children are encouraged to join in all activities - how it should be!</i></p> <p><i>It's good that nursery is providing positive role models, so our children can understand from a young age that it is ok to be different. They are also experiencing different cultures, religions and languages within a safe environment.</i></p>
<p><u>Answers to last week questions:</u></p> <ol style="list-style-type: none">1. What is the legal frameworks that govern Equality Law?<ul style="list-style-type: none">• Equality Act 2010• Care Standards Act 2014• Children Act 2004• Childcare Act 20042. How is equality law linked to Early years?<p>making children feel valued and good about themselves, ensuring all children have equal access to learning and play opportunities, reflecting the widest range of communities in the choice of resources, avoiding stereotypical/derogatory images in selection of materials, acknowledging and celebrating a wide range of religions, beliefs and festivals, creating an environment of mutual respect and empathy, helping children to understand that discriminatory behaviour and remarks are unacceptable, ensuring all learning opportunities offered are inclusive of children with learning difficulties &/or disabilities and children from disadvantaged backgrounds, and ensuring that children whose first language is not English have full access to the early learning opportunities and are supported in their learning!</p>	

Attachment 1

LONE WORKING POLICY

This policy has been devised to protect staff and children attending the nursery. Monkey Puzzle Day Nursery understands that there may be brief moments during the day that staff may be left alone with children however, correct ratios must be adhered to at all times. To ensure that staff and children are not left in vulnerable situations, this policy covers all the staff within the nursery.

In these instances, members of staff are required to ensure they are organised and have relevant tools/materials/equipment needed to be able to fulfil their duties and provide for the children to the best of their ability.

Good communication should ensure that all staff are aware of each other's intentions and whereabouts. Staff should inform their colleagues if they intend to leave the room, even for a short period of time. This gives them the opportunity to seek cover wherever possible.

Staff should be aware that the safety and wellbeing of the children is paramount, therefore it is vital that everyone should use their initiative when attending to minor occurrences.

Phones (or other means of similar communication) should be located in every room of the nursery, to ensure staff are able to call for assistance should the need arise.

CCTV cameras should be fully operational, with a full screen located within the nursery office. This will ensure that if, and when, a member of staff is on their own within ratio, they can be watched in order to assist them should they find themselves in danger or the children are at risk at all. **Staff and children under such circumstances must stay in full view of the camera at all times.**

The nursery manager, or person in charge, will ensure that rooms are checked regularly in order to ensure staff and children are safe and have everything they require.

At least two people must be on the premises at all times, and at least one senior member of staff must be present at all times. Staff should ensure that they are appropriately placed around the nursery at all times to maintain the safety of the children; this may mean staff and children merging where appropriate to do so.

Staff should be within sight or sound of other colleagues and **ALWAYS** within ratio.