



# Monkey Puzzle Ware

## Weekly Newsletter

Edition: 21

Date: 6 July 2018

### Important Dates

#### **Teddy Bear Picnic**

Monday, 9 July 2018

(Please call nursery for further details)

#### **Baby Parents Evening**

Monday, 23 July 2018

6 pm to 8 Pm

#### **Toddler / Preschool Parents Evening**

Tuesday, 24 July 2018

6 pm to 8 Pm

Dear Parents

We had a wonderful farewell for our Pre-schoolers and our very first annual BBQ party 😊




Thank you to all our parents who have supported us and all those parents who were able to join us and we promise to continue this wonderful family feeling for years to come.



### **PARENT CHALLENGE WINNER**

Winner  
Lindsey Davis

# Dr On Board....

		
Dr Rachakonda Consultant Paediatrician	Dr Gali Dentist	Dr Burugapalli Gynaecologist

## Heatstroke!

When the body is exposed to very high temperatures, the mechanism that controls body temperature may stop working. Heatstroke can develop if heat stress or heat exhaustion is left untreated, but it can also occur suddenly and without warning.

Symptoms of heatstroke may include:

- high body temperature - a temperature of or above 40°C (104°F) is a major sign of heatstroke
- red, hot skin and sweating that then suddenly stops
- fast heartbeat
- fast shallow breathing
- confusion/lack of co-ordination
- fits
- loss of consciousness

Actions to protect children suffering from heat illness The following steps to reduce body temperature should be taken immediately: • move the child to as cool a room as possible and encourage them to drink cool water (such as water from a cold tap) • cool the child as rapidly as possible, using whatever methods you can. For example, sponge or spray the child with cool (25 to 30°C) water; if available place cold packs around the neck and armpits, or wrap the child in a cool, wet sheet and assist cooling with a fan. Dial 999 to request an ambulance if the person doesn't respond to the above treatment within 30 minutes.

If a child loses consciousness, or has a fit, place the child in the recovery position, call 999 immediately and follow the steps above until medical assistance arrives.

## NHS IMMUNISATION SCHEDULE FOR UNDER 2's

### 8 weeks

6-in-1 vaccine, given as a single jab containing vaccines to protect against six separate diseases: diphtheria; tetanus; whooping cough (pertussis); polio; Haemophilus influenzae type b, known as Hib, a bacterial infection that can cause severe pneumonia or meningitis in young children; and hepatitis B  
Pneumococcal (PCV) vaccine  
Rotavirus vaccine  
MenB vaccine

### 12 weeks

6-in-1 vaccine, second dose  
Rotavirus vaccine, second dose

### 16 weeks

6-in-1 vaccine, third dose  
Pneumococcal (PCV) vaccine, second dose  
MenB vaccine second dose

### 1 year

Hib/MenC vaccine, given as a single jab containing vaccines against meningitis C (first dose) and Hib (fourth dose)  
Measles, mumps and rubella (MMR) vaccine, given as a single jab  
Pneumococcal (PCV) vaccine, third dose  
MenB vaccine, third dose

### 2 to 8 years (including children in reception class and school years 1 to 4)

#### 3 years and 4 months

Measles, mumps and rubella (MMR) vaccine, second dose  
4-in-1 pre-school booster, given as a single jab containing vaccines against: diphtheria, tetanus, whooping cough (pertussis) and polio

# What's On babies...

**This week...** The babies have been looking at Sensory play. The babies have been exploring bubble wrap, making marks on tyres using chalk and balloon painting. The Babies have also been looking at touch and feel books too.



**Our theme next week will be...**

Tropical

Next week the babies are looking at different jungle animals such as monkeys. The children will be making hand and foot print monkeys and parrots. As well as tropical fruit tasting and lemon and orange printing.

**Our song of the week will be...**

5 cheeky monkeys jumping on the

**Our baby sign of the week will be... Monkey**



# What's On toddlers...

## This week...

The children have been looking at animals under the sea. They have been splashing in water, making under the sea animals and making a fish tank by using cardboard boxes.



## Our theme next week will be...

Under the sea

Next week the children will continue the topic under the sea due to the children really enjoying the topic. The children will be melting ice cubes to find sea animals, making mark in blue gloop and playing the fishing games using fishing rods and fish.



## Our song of the week will be...

Crabs and star fish

## Our book of the week...

Sharing a shell

## Things you can do with me at home...

- Continue to read books about the sea

# What's On Preschool...

## This week...

Pre-school have been looking at the Seaside. They have been writing letters in the sand, counting starfish and doing a boat collage using different materials and shapes.



## Our theme next week will be...

Under the sea

Next week in Preschool they are looking at under the sea. they will be finding letters in water, making a fish number lines and measuring seaweed



## Our song of the week will be...

Daddy shark

## Our story of the week will be...

At the seaside

## Things to do with me at home...

- To go to the river to see what you can find
- To read stories about the sea such as rainbow fish

# Mel's Kitchen ...







Hello lovely parents,

I am Mel, and I enjoy making yummy scrumptious meals for your little cherubs... I hope you like my menu for next week, but if you do have some suggestions or receipes you would like to add do let me know 😊

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<b>Teddy Bears Picnic</b>	Cereal + Toast Fruit selection  <i>Gluten, Dairy</i>	Cereal + Toast Fruit selection  <i>Gluten, Dairy</i>	Cereal + Toast Fruit selection  <i>Gluten, Dairy</i>	Cereal + Toast Fruit selection  <i>Gluten, Dairy</i>
AM Snack		Bread muffins + butter <i>Gluten, Dairy</i>	Cheese straws + salad <i>Gluten, Dairy</i>	Rice cakes + cheese spread <i>Dairy</i>	Vegetable sticks + dip <i>Gluten, Dairy</i>
Lunch		Chicken + vegetable curry with rice  Gingerbread people <i>Gluten, Dairy</i>	Roast Turkey with roast potatoes, peas and gravy.  Fruit Salad  <i>Gluten</i>	Tuna Pasta Bake   Lemon sponge  <i>Gluten, Dairy, Fish</i>	Beef lasagne + salad   Yoghurt  <i>Gluten, Dairy</i>
PM Snack		Fruit selection	Fruit selection	Fruit selection	Fruit selection
Tea		Scrambled egg on toast  Melon fingers + strawberries <i>Gluten, Dairy</i>	Pitta bread with cheese + ham  Oat cookies <i>Gluten, Dairy</i>	Sausage rolls + salad   Yoghurt <i>Gluten, Dairy</i>	Mixed Sandwiches   Banana flapjack  <i>Gluten, Dairy</i>

**NOTE:** Children with special dietary needs are catered completely and all allergens are swapped. Dairy and gluten are swapped for non-dairy and non-gluten alternatives, including fruits such as bananas and strawberries. Room staff and Chef have full allergy list and is shared daily between the room and kitchen

# Nursery Team Board...

MANAGEMENT TEAM	
	<p><b>Swati Naidu</b> <b>Manager</b> Overall Nursery Incharge / Owner Designated Safeguarding Officer for any Safeguarding issues relating to children and Parent liasion</p>
	<p><b>Lucy Eaton</b> <b>Deputy Manager – Early Years</b></p>
	<p><b>Amy Smith</b> <b>Deputy Manager and Assistant Manager – Safeguarding</b></p>
	<p><b>Heather Endsor</b> <b>Third Incharge</b> Assiting Deputy Managers First Aider</p>

**Baby Room Staff**



**Acting Room Leader  
Level 6**



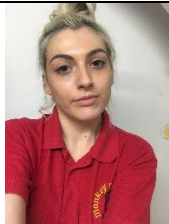
**Charli Leonard  
Assistant Room Leader (Trainee)  
Level 2**



**Ashley Rivet-Vitry  
Room Practitioner  
Level 3**



**Becky Lee  
Room Practitioner  
Level 3**



**Kristina D'adamo  
Room Practitioner  
Level 2 (Trainee Level 3)**



**Elaine Lee  
Room Practitioner  
Trainee**



**Stacey Cockman  
Room Practitioner  
Trainee**

**Toddler Room Staff**





**Heather**  
Room Leader  
Level 3



**Helen Marwick**  
Assistant Room Leader  
Level 6



**Eloise Ambler**  
Room Practitioner  
Level 2



**James Upton**  
Room Practitioner  
Level 2



**Chloe Cockman**  
Room Practitioner  
Trainee

Preschool Room Staff



**Claire Water**  
Room Leader  
Level 3



**Mary Hardy**  
Assistant Room Leader  
Level 3



**Lewis Hill**  
Assistant Room Leader  
Level 2

Support Staff



**Matthew Lee**  
Nursery Assistant



**Emma Maslanka**  
Nursery Assistant  
Level 6

**Tina Pullen**  
Nursery Assistant  
Level 3

**Dora Lazarova**  
Nursery Assistant  
Qualified Teacher

**Marissa**  
Lunch Assistant  
Unqualified

# Parents Challenge....

We will be challenging our parents each week and there will be a 'winner', 'first runner up' and 'second runner up'. The winner will then qualify for our end of the month lucky dip and whoever gets picked in the lucky dip will get 10% off on their next invoice 😊

Please note for the challenge to be complete you MUST answer all questions and in case of a tie, the last question will be deciding factor. Best answer will also be published in next week's bulletin 😊

You can reply back to these questions by emailing to [harsha@monkeypuzzleware.co.uk](mailto:harsha@monkeypuzzleware.co.uk)

<p><b><u>This Weeks Quiz:</u></b></p> <ol style="list-style-type: none"><li>1. What is the legal framework that govern Equality law?</li><li>2. How is equality law linked to Early years?</li><li>3. How has this policy helped you?</li></ol>	<p><u>How are parents benefitted from last week's challenge?</u></p> <p><i>This quiz has helped to provide reassurance that my child will be safe when outside of the nursery. It is also really helpful to know that the risk assessment and outing plan can be viewed ahead of the trip.</i></p> <p><i>It is reassuring that before all outings checks and risk assessments are completed, and also that there are plans in place if there are any accidents or if anyone goes missing. It is also good to know that we can have a look at an outing plain before agreeing, just in case we do have any concerns.</i></p> <p><i>This policy has helped me feel assured that my daughter is safe &amp; accounted for at all times during an outing. Knowing that staff are prepared for any accidents by having carried out a risk assessment and having a phone, emergency contact details and a robust procedure in place gives me confidence that they will be able to deal with any eventuality</i></p> <p><i>To gain a better understanding of everything that goes into the planning and execution of a trip. The teddy bears picnic on Monday sounds so simple but there is so much planning that goes on in the background to ensure that every eventuality is thought of and the risks mitigated. It is fantastic that the nursery is doing these additional activities that the children will enjoy and we know that they will be safe</i></p>
<p><u>Answers to last week questions:</u></p> <ol style="list-style-type: none"><li>1. Who along with staff accompany children on their outings? Senior member of staff which will not be counted into the ratio. Parents / guardians / carers if they are CRB checked.</li><li>2. For a Level 2/3 to be counted in ratio's what additional qualification is needed? Paediatric First Aid or Emergency First Aid qualification</li><li>3. What document is available for parents to access before a trip or an outing? Pre-visit checklist / risk assessment / outing plan</li></ol>	

## **Attachment 1**

### **EQUALITY & DIVERSITY POLICY**

#### **Statement of intent**

Monkey Puzzle Day Nursery takes great care to treat each individual as a person in their own right, with equal rights and responsibilities to any other individual, whether they are an adult or a child. The nursery is committed to providing equality of opportunity and anti-discriminatory practice for all children and families according to their individual needs. Discrimination on the grounds of gender, age, race, religion or belief, marriage or civil partnership, disability, sexual orientation, gender reassignment, pregnancy or maternity, ethnic or national origin, or political belief has no place within this nursery.

A commitment to implementing our Equal Opportunities Policy will form part of each employee's job description. Should anyone believe that this policy is not being upheld, it is their duty to report the matter to the attention of the Nursery Manager at the earliest opportunity.

#### **The legal framework for this policy is based on:**

- Equality Act 2010
- Children Act 2004
- Care Standards Act 2014
- Childcare Act 2016
- Special Educational Needs and Disability Act 2001.

#### **Monkey Puzzle Day Nursery and all its staff are committed to the following:**

It is the policy of Monkey Puzzle Day Nursery not to discriminate in the treatment of individuals. All staff are expected to co-operate with the implementation, monitoring and improvement of this and other policies. All staff are expected to challenge language, actions, behaviours and attitudes which are oppressive or discriminatory on the grounds as specified in this policy and recognise and celebrate other cultures and traditions. All staff are expected to participate in equality and inclusion training.

#### **Training**

The nursery recognises the importance of training as a key factor in the implementation of an effective inclusion policy. The nursery will strive towards the provision of inclusion, equality and diversity training for all staff on an annual basis.

#### **Early learning framework**

Early learning opportunities offered in the nursery encourage children to develop positive attitudes to people who are different from them. It encourages children to empathise with others and to begin to develop the skills of critical thinking. At Monkey Puzzle Day Nursery we provide an environment and resources whereby all children are given support and guidance throughout their time at the nursery.

#### **We do this by:**

- Making children feel valued and good about themselves
- Ensuring that all children have equal access to early learning and play opportunities
- Reflecting the widest possible range of communities in the choice of resources

- Avoiding stereotypical or derogatory images in the selection of materials
- Acknowledging and celebrating a wide range of religions, beliefs and festivals
- Creating an environment of mutual respect and empathy
- Helping children to understand that discriminatory behaviour and remarks are unacceptable
- Ensuring that all early learning opportunities offered are inclusive of children with learning difficulties and/or disabilities and children from disadvantaged backgrounds
- Ensuring that children whose first language is not English have full access to the early learning opportunities and are supported in their learning

### **Food**

We work in partnership with parents to ensure that the medical, cultural and dietary needs of children are met. We will help children to learn about a range of food and cultural approaches to meal times and to respect the differences among them.

### **Meetings**

Information about meetings and activities will be communicated in a variety of ways according to individual needs (written, verbal and translated), to ensure that all parents have information about access.

We understand that parental involvement is essential in supporting their child's educational needs and we therefore ensure that we develop a sound relationship with all parents in order for their child to achieve to the best of their ability.

- As positive role models all staff will promote non-stereotypical images with the use of toys, books and imaginary play. All play and learning experiences will promote images of both girls and boys
- There will be no stereotypical activities; all children will be encouraged to join in all activities (e.g. dressing up, dolls, climbing, bikes)
- Our childcare practices will be regularly reviewed by the nursery Manager and management so that any discriminative or unfair practices can be removed
- Monkey Puzzle Day Nursery acknowledges that preconceptions relating to gender and sexism are abundant within language and we will challenge such language when appropriate
- Monkey Puzzle Day Nursery aims to demonstrate through its work that it positively values and respects children of all ethnic origins and racial groups, religions, cultures and linguistic backgrounds
- All participating at Monkey Puzzle Day Nursery must provide and reflect the needs of the children and families from ethnic minority groups. All participating must have the knowledge and commitment to treat all children at Monkey Puzzle Day Nursery as individuals with equal concern

### **Extra-Curricular Activities**

On occasions Monkey Puzzle Day Nursery may offer extra-curricular activities at an additional cost to parents, however those children whose parents choose not to contribute financially for their child to participate in such activities should not be discriminated against and either encouraged to participate in these activities or be offered the opportunity to participate in an additional activity offered by the nursery.